



Have Fun Learn English

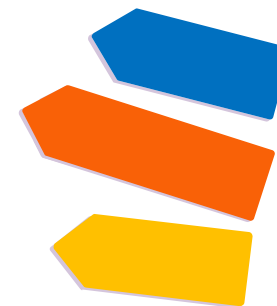


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Unit 2

Keeping fit





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Put the conversation in the correct order.

- a B: You should do more walking. (2)
- b A: Um, I don't like it. (5)
- c A: Yes, I can walk to work instead of driving. (3)
- d A: I need to get more exercise. (1)
- e B: And why not take up jogging? (4)



Put the words in the correct order.

- 1 play / basketball / usually / after school. / They
→ They usually play basketball after school.
- 2 you / to / a sports club? / Do / go
- 3 play / I / with my friends. / games / can't
- 4 should / three meals / a day. / He / have
- 5 more / You / fruit, vegetables and water. / need
- 6 because / She's / she's winning / happy / the match.





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How do you keep fit? Write sentences using some of these words and phrases.

I

usually
often
sometimes
never

go go to go out
have ride do play
eat run take exercise
practise read watch

jogging lots of water
a football match a bike
with friends swimming
fruit and vegetables

Example: I usually play with friends.



Complete :
How many
How much

1. **How many** students are there in your classroom?
2. **How many** strawberries are in your plate?
3. **How much** water do you need for your dough?
4. **How much** popcorn is in the box?
5. **How much** milk would like with your cookies?
6. **How many** carrots do you need for your salad?
7. **How much** juice can you drink in a day?
8. **How much** soda are you going to drink?
9. **How many** peppers do we need for the pasta?
10. **How much** salt we have to add to the pasta?



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Jane woke up to a beautiful yesterday. After having a nice breakfast, she took a walk outside. Then, she went to the store on the high street for treating herself with her favourites.

Storekeeper: Hello !

Jane: Hi !

Storekeeper: What would you like to buy?

Jane: Do you have some candies?

Storekeeper: Sorry, we don't sell any candies. They are unhealthy for you.



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Jane: Can I buy a cake, please? I love cakes.

Storekeeper: We don't sell cakes. They are also unhealthy.

What about a nice juicy apple?

Jane: Apple? I don't like eating an apple.

Storekeeper: Would you like some orange juice?

Jane: Orange juice? I never drink orange juice.

Storekeeper: You shouldn't eat unhealthy food. I think you should go to the doctor and check your health. If you eat unhealthy food, you'll get sick.



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Jane: Do you have a bar of chocolate?

Storekeeper: Yes, we do.

Jane: Great ! I'm very happy now. Bye.

Storekeeper: Bye. You should see a doctor soon.



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Answer the questions according to the text:

Before going to the store Jane went for a walk. **True**

The storekeeper sells different types of candies. **False**

The cake isn't a favourite treatment for Jane. **False**

Jane sometimes drinks orange juice. **False**

Jane bought one of her favourite treatments at the end. **True**





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where	when	characters
outside the store	After having a nice breakfast	Storekeeper Jane



synonyms	opposite
great = happy	to sell \neq to buy





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